



and



*present:*

## GREEN CLEANING

A free workshop on how and why to clean your home and body without harsh chemicals

TUES. MAY 20<sup>th</sup> at 7:00 pm

at the PPL Lake Wallenpaupack Environmental Learning Center

Learn to make your own supplies with natural ingredients for less than store-bought products. **Door prizes** will be given away!

- Janet Brown, founder of Green Leaf Cleaning will share cleaning recipes and tips with a direct focus on sustainability.
- Nora Eisenberg, award winning novelist and reporter of the environmental effects of war, will discuss startling similarities between chemical warfare agents and household cleaning products.
- Carl J. Milks, MD, a board-certified allergist will discuss how products we use (even some “natural” ones) can adversely affect our health.
- Gudrun Feigl of Mount Pleasant Herbarry will demonstrate household uses for herbs and spices and how beneficial they are to our well-being. This will be an informative and fun-filled discussion for all in your household!

Registration is encouraged, but not required.

Email [jocelyn@seedsgroup.net](mailto:jocelyn@seedsgroup.net) or call (570) 245 – 1256



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