

Mount Pleasant Herbarry
31 Riverdale Road
Forest City, PA 18421
Phone (570)448-3094
www.mountpleasantherbary.com
www.etsy.com/shop/MountPleasantHerbarry
info@mountpleasantherbary.com



Green Cleaning workshop on May 20, 2014

Recipes

Herbal Vinegar

You need: 1 quart of vinegar, 1 cup of dried thyme, 1 cup of dried lavender. Place the herbs in a mason jar, add vinegar, let sit for 24 hours, and you will receive this beautiful red colored vinegar. Strain it, and put it in a spray bottle, and you will have a cheap, effective herbal vinegar cleaner. It is great for cleaning the stove, countertop, kitchen sink, toilet, windows, etc. It cuts through grease and leaves a pleasant scent.

Lemongrass Cleaning Cloths

You can then use this beautiful red colored vinegar to make these very practical Cleaning Cloths. You can use old cloth diapers, micro fiber cloths, torn up t-shirts...Cut the fabric into 10x10 or 12x12 inch cloths.

Combine:

3/4 cup water
1 cup white vinegar (or Herbal Vinegar)
1/4 cup lemon juice
1/4 teaspoon lemon grass essential oil
10-12 drops lemon essential oil

Soak the rags for 30 minutes. Squeeze out cloths, leaving them slightly damp. Fold them and roll them up. Place in glass jar. Wash after use and infuse again. Because of the lemongrass oil and vinegar, these will not get moldy. Use them to dust woodware, scrub shower walls and doors, sinks, tubs, toilets, etc.

Floor Cleaner

1/8 cup liquid soap
1/2 cup thyme vinegar
1/2 cup herbal tea (peppermint)

Rinse Cycle of dishwasher

add 1/2 cup to the rinse cycle of dishwasher

Fabric Softener

Add 1/2 cup per load of laundry

Cleaning with herbs and baking soda

Rose - scented elbow grease

1 cup baking soda
1 tbsp. salt
1/4 cup rose petals

Pulverize ingredients in a blender. Sprinkle on area to be scrubbed, wetting slightly
great for kitchen sinks, bathtubs, etc.

Carpet Freshener

absorbs odors and dirt and will remind you of a lavender field:

3/4 cups baking soda
1/4 cup cornstarch
1/4 cup lavender flowers

Mix all ingredients in a bowl and sprinkle over carpet. Let sit overnight and vacuum up in the morning.

Car Freshener

Add your favorite herbs and essential oils to 1 cup of baking soda, let sit for a few days until the baking soda has absorbed all the fragrance, fill in nice bag and hang into your car.

Air Freshener Spray

1.5 oz Vodka
1/4 teasp bergamot ess. oil
8 drops clove ess. oil
5 drops lemon ess. oil
6 fl. oz distilled water

Mix all ingredients, let sit for a few days and spray to refresh a room

All natural Bug Repellent

The bug season is right ahead of us. Here is a simple recipe for making your own natural bug repellent:

4oz distilled water
4oz witch hazel
1/2 tsp vegetable glycerin (optional)
30-50 drops of the following essential oils: Cinnamon, Clove, Lavender, Rosemary, Eucalyptus