Better than Swiffer Dusters



www.littledeartracks.blogspot.com

I originally posted this tutorial on flickr 2 and a half years ago, and it's still my most viewed photo ever, so I thought it was worth blogging here. I love swiffer dusters, so I made this up when I got sick of buying new refills all the time. These are washable and reusable til the cows come home, (I'm still using the original ones I made) and really easy to make, so be a little more green today and make a some for yourself. I've made them with fleece, but Microfiber seems to work best, it really grabs the dust. You can usually finds sheets of it in the car cleaning section. You can also easily make swiffer mop covers too, by just measuring a rectangle about twice as long as the mop, folding over the ends to fit it and sewing them in place.

Green Cleaning Forum Sources: Books, Websites and Documentaries:

- Book: *The Naturally Clean Home* by Karyn Siegal-Maier. Second Edition. 150 Super-easy Herbal Formulas for Green Cleaning.
- Blog Sight: Home Made Swiffer Duster Refills: http://littledeartracks.blogspot.com/2010/06/better-than-swiffer-dusters.html
- **Documentary:** *Chemerical*, a shocking tale about the products we use to clean our homes and bodies. *Chemerical* "explores the life cycle of everyday household cleaners and hygiene products to prove that, thanks to our clean obsession, we are drowning in sea of toxicity."
- Documentary: *Tapped*, enlists activists, environmentalists, community leaders, and others to expose the dark side of the bottled-water industry. *Directors:* Stephanie Soechtig, Jason Lindsey
- **Documentary:** *Food Inc.*, Director Robert Kenner's provocative, Oscar-nominated documentary looks at the food industry's harmful effects on human health and the environment.
- **Documentary:** *Hungry For Change,* Exposes shocking secrets the diet, weight loss and food industries use to keep consumers coming back for more. **Cast:** Joe Cross, Frank Ferrante, Kris Carr
- **Documentary:** *Vegucated, F*ollows three meat- and cheese-loving New Yorkers who agree to adopt a vegan diet for six weeks in an effort to get healthier.

Cast: Tesla Lobo, Brian Flegel, Ellen Mausner

- **Documentary**: *More Than Honey*, examines the disappearance of honeybee populations worldwide. **Cast**: Fred Jaggi, Randolf Menzel, Liane Singer
- **Documentary**: *Farmageddon*, tells the story of farms that were providing safe, healthy foods to their communities but were forced to stop. **Cast**: Linda Faillace, Adam Helfer, Mark McAfee
- **Documentary:** *The Beautiful Truth,* spotlights Garrett Kroschel, a teenager who is inspired to investigate the theory that diet can cure cancer and other diseases. **Cast:** <u>Charlotte</u> Gerson, Garrett Kroschel, Howard Straus
- Website: Sustainable America.org. "Fuel for Thought, Fuel For Change"
- Website: *The Conscious Box*. An environmentally friendly subscription site.